

SOCIAL & ENVIRONMENTAL HISTORY

NAME: _____

EXERCISE ROUTINE:
SMOKING HABITS: (NOTE: CIGARETTES, PIPE, ETC., DURATION, AMOUNT PER DAY, WHEN YOU QUIT, ETC.)
ALCOHOL USE: (NOTE: TYPE OF ALCOHOL, DURATION OF USE, AMOUNT PER DAY, ETC.)
ENVIRONMENTAL FACTORS: (NOTE: OCCUPATIONAL HAZARDS, CLIMATE, SLEEP HABITS, ETC.)
OTHER: (DRUGS AND/OR SUBSTANCE USAGE)

